

YOUR PLASTIC SURGEON IS:

- Dr. Slobodan Djurickovic, office 592-5510
- Dr. Jason Gray, office 592 8668
- Dr. Tse, office 592-5510
- Dr. David Naysmith, office 592 5510
- Dr. Ken Smith, office 595 3888
- Dr. Chris Taylor, office 595 6009



OCTOBER 2007

WELCOME TO
ROYAL JUBILEE HOSPITAL
BURN AND
WOUND CARE CLINIC



Hours of Operation: **12:00 am – 5 pm**
Monday to Friday (closed on statutory holidays)
Telephone Number: **370-8619**

WHAT WILL HAPPEN AFTER MY FIRST VISIT TO THE EMERGENCY DEPARTMENT?

A referral will be sent from the Emergency Department to the Clinic and they will call you the following day to set up an appointment. If you have not heard from the Clinic Nurse by 12:00 am, please call **370-8619**.

WHERE DO I GO?

The Burn Unit Out Patient Clinic is located on the 1st floor in Clinic 3 in the D&T building (Diagnostic and Treatment).

The address is:

**Royal Jubilee Hospital
1952 Bay Street
Victoria, BC, V8R 1J8**



WHERE DO I PARK?

Parking is available in the Main Visitor parking area by the Diagnostic and Treatment building.

SHOULD I TAKE MEDICATION BEFORE I COME IN?

The Clinic Nurse does not administer medications; please take your pain medication 30 minutes before your appointment. If you are taking narcotics please do not drive – arrange for an alternate ride.



RECOVERY POST BURN INJURY:

The location and severity of your injury will determine your individualized care; your physician and the Clinic Nurse will discuss this with you.

The following are general principles that are known to enhance healing:

- drink plenty of fluids (8-10 glasses a day)
- eat a nutritious well balanced diet, especially high in protein and nutrients
- allow for extra rest periods
- use pillows to elevate the injured area (to a level above your heart). If your injury is to your lower limbs, you should limit the amount of time that you are up on them.
- An increase in pain, persistent fever >38.3 C or chills may be signs of infection. Call the clinic if during hours of operation or return to the emergency department.

WASH YOUR HANDS . . .

Please remember to wash your hands upon entering the hospital to reduce the spread of bacteria. Alcohol based hand gel for washing is available in receptacles near the entrance doors of the hospital.

