

Dr. Iain McAuley, M.D., Inc

FRCS

Urology

Suite 200-1121 Yates Street
Victoria, B.C., V8V 3N1

Telephone: 250-388-7334
Fax: 250-995-1201

VASECTOMY REVERSAL – INFORMATION FOR PATIENTS

Pre-operatively:

You will have a general anaesthetic for your surgery.

You may have a cup of clear fluids up until 6 hours before your surgery but no solids after midnight

Have a small supply of reusable cold packs (gel) or small bags of frozen peas or corn ready in your freezer. Purchase a scrotal support such as briefs and bring them to the Operating Room so that can be used immediately after surgery.

Wear these continuously postoperatively (except for showering) for the first two weeks.

Post-operatively:

*When you awake in the Recovery Room, you will be comfortable. The local anesthesia medication typically lasts 12-24 hours after the operation.

*It is recommended, at least for the first two days at home, to limit your activities. Rest with feet elevated as much as possible.

*Use plenty of ice packs in the first 2-3 days, leaving these on for 15 to 20 minutes at a time; use every 30 to 60 minutes. DO NOT apply the cool packs directly against the skin; use a couple of gauze squares or a facecloth between the cool pack and the scrotum. Put a small cool pack underneath the scrotal support to maintain pressure on the area.

*The small stitches are self-dissolving, usually in about one week. Try to keep the area dry. You may shower after the first 48 hours post-operatively. Do not soak in a bath or hot tub until your incision is completely healed.

*You may resume sexual activity in three weeks if you are comfortable.

*Expect bruising in the scrotal skin, sometimes extending up to the penis; also expect some swelling and minor discharge for the first few days.

*Call Dr. McAuley (250-388-7334) if any of the following occur:

| | |
|---|----------------------------------|
| Increased pain, excessive swelling or redness | Fever/chills |
| Foul odour and/or increased drainage from incisions | Shortness of breath or calf pain |

*You did receive medicine for sedation therefore; you **MUST NOT** operate motor vehicles, boats, power tools or machinery for the first 24 hours. You must have a responsible adult with you following surgery for the rest of the day and night.

PRESCRIPTIONS:

*If you can tolerate it please take ibuprofen (Advil) 400mg four times per day and regular Tylenol 1000mg four times per day until no longer required.

*Taking the above will reduce the amount of Empracet you need and the side effects related to the codeine.

*Empracet: Take one to two tablets every 4 to 6 hours as necessary for pain (if you are also taking Tylenol for each Empracet you take to keep the total daily dose below 4000mg of Tylenol per day) Avoid driving or taking alcohol while using this medicine

FOLLOW-UP APPOINTMENT: Unless there is a concern of any type prior you will be given a follow-up appointment with Dr. McAuley at 3 months postoperatively. Use the form that you are given and perform a semen analysis one week prior to this visit.